

Private Sessions



Price: \$0.00

Short Description

Where experience brings a quality to life and understanding allows a change to begin, change that creates positive outcomes and brings you back to your natural self. Caroline Byrd through Holistic Counseling creates a space in which you can access your personal truth, identify with your authentic self and discover self awareness and joy. Using different Holistic therapies you will be guided through your own individual experience, gaining a more profound understanding of your Mind, Body and Spirit.

Description

Intuitive Therapy Private Sessions

Caroline Byrd through Holistic Counseling creates a space in which you can access your personal truth, identify with your authentic self and discover self awareness and joy. Using different Holistic therapies you will be guided through your own individual experience, gaining a more profound understanding of your Mind, Body and Spirit.

Holistic Counseling will look at your belief systems which hold you back in your business, personal and inter-personal life. As your mind begins the process of dropping beliefs you increase your own self worth, and the love and appreciation of self and others.

Re-aligning the mind, body and spirit allows the natural state of well being to move through you and into your world.

First session \$290.00

Follow up sessions \$220.00

3 x 1 hour session package paid up front \$600 Save \$60

5 x 1 hour session package paid up front \$1000 Save \$100

We do Zoom sessions and Private in office sessions. After making your booking Caroline will contact you to organise a time for your session. Please include your preferred session method and suitable dates in the comments field on checkout.